



Lactation Outpatient & Breastfeeding Support in the KC Area

Compiled by the Greater Kansas City Lactation Consultant Association – Rev. 12/17

If you are attending a support group for the first time, **please call ahead to verify the times/locations.** Support groups are free and open to pregnant and postpartum mothers and babies. Outpatient services may vary in cost but can provide an individualized approach to more complex breastfeeding concerns.

La Leche League offers free mother-to-mother breastfeeding support groups and online and/or telephone assistance around the metro. For group info, go to www.LLofGreaterKC.org or call 816-361-0909.

Breastfeeding USA KC Chapter offers online and phone support in the KC area. For more info, <https://breastfeedingusa.org/content/kansas-city-metro-ks-chapter>

Jackson County

Centerpoint Medical Center – Mondays, 5:30-7pm and Fridays, 10-11am, 3rd floor at 19600 E. 39th Street S, Independence, MO, 64057. 816-698-7399.

Research Medical Center – Outpatient visits available on a limited basis. 2316 E. Meyer Blvd, Kansas City, MO, 64132. 816-276-3145.

St. Luke's Hospital – Mondays, 1-2:30pm in the private meeting room of the cafeteria. They also offer outpatient lactation services. 4401 Wornall Road, Kansas City, MO, 64111. 816-932-2511.

St. Luke's East – Mondays, 10am-noon in the Legacy conference room on the 3rd floor and also on the 1st and 3rd Wednesdays 6:30-8pm in the Hastings Conference room by the cafeteria on the 1st floor. 100 NE St. Luke's Blvd, Lee's Summit, MO, 64086. 816-347-4680.

Truman Medical Center – Tuesdays, 1-2:30pm on the 6th floor in the Family Education Center. Spanish speaking mothers are welcome. They also offer outpatient lactation services. 2301 Holmes, Kansas City, MO, 64108. 816-404-0474.

Truman Medical Center Lakewood – Thursdays, 12:30-2 pm in the boardroom next to the cafeteria. 7900 Lee's Summit Road, Kansas City, MO 64139, 816-404-8260.

Uzazi Village – Walk-in breastfeeding clinic hours are Wednesdays and Friday 9am-5pm. Home visits are offered on a sliding scale fee basis. There are scholarships available for those on Medicaid and those who utilize lifeline and safety net programs (such as TANIFF, SNAP). Chocolate Milk Café is the 1st and 3rd Tuesdays 5:30-7pm. Call Mariah at 913-486-8568 for more information, or visit the calendar section of our website at www.uzazivillage.org 4232 Troost, Kansas City, MO, 64110.

Johnson County

Home Holistic Breastfeeding Support Group – Wednesdays at 10:30am, 7927 Floyd St, Overland Park, KS 66204, www.homeholistic.com, 913-396-9595.

Menorah Medical Center – Tuesdays, noon to 1pm and Wednesdays 4:30-6pm in the Ladies & Babies Room, 3rd floor, Family Birth Center entrance. Outpatient visits are available for those who delivered at Menorah. 5721 W 119th St, Overland Park, KS 66209. 913-498-6322.

Olathe Medical Center – Tuesdays, 1-2:30pm in Parent Education Rooms A & B, located on the first floor of the Birth Place. 20333 W. 151st St. Olathe, KS, 66061. 913-791-4415.

Overland Park Regional Medical Center – Mondays 5:30-7pm, Wednesdays 9:30-11am and Fridays 2:30-4pm in Sunflower Café Conference Room, 10500 Quivira Road, Overland Park, KS, 66215. 913-541-5208.

Pediatric Care Specialists – the 1st and 3rd Wednesdays, 5:30-6:30pm. 12541 Foster, Suite 260, Overland Park, KS, 66213. 913-906-0900.

Shawnee Mission Medical Center – Tuesdays, 10-11:30am. Shawnee Mission Health Prairie Star, 23401 Prairie Star Parkway, Lenexa, KS 66227 (K-7 & Prairie Star Parkway). One-on-one lactation visits in the Outpatient Breastfeeding Clinic can be scheduled by calling 913-632-4330.

St. Luke's South – Mondays, 12:30-2:30pm in the 1st Floor Conference Room. 12330 Metcalf Ave, Overland Park, KS, 66213. 913-317-7813.

In the Northland

Clay County Health Dept – 1st and 3rd Thursdays, 1-3pm, 800 Haines Dr, Liberty, MO, 64068, 816-595-4293.

Health Care for Children – “Sprouts” Tuesdays from 2:30-4:30 pm, on the 1st Tuesday of each month only, from 2:30-6:30 pm. 9051 NE 81st Ter, Suite 100, Kansas City, MO, 64158. 816-792-1170, ext 4.

Liberty Hospital – Wednesdays, 1-3pm in the Education Center. 2525 Glenn Hendren Dr, Liberty, MO, 64068. 816-792-7219.

Mosaic Life Care (formerly Heartland Regional Medical Center) – Mondays, 1:30-3:30pm and Thursdays, 4:30-6:30pm. Limited outpatient visits available. 5325 Faraon St, St. Joseph, MO 64506. 816-271-7984.

North Kansas City Hospital – Tuesdays, 11am-12:30pm in the Frontier Room, 2800 Clay Edwards Dr., Kansas City, MO, 64116. 816-691-5177.

Pediatric Care North – 2nd and 4th Wednesdays, 6 pm, 8781 N Platte Purchase Dr, KC, MO, 64155, 816-587-3200.

Priority Care Pediatrics – Mondays, 3:30-5pm. 9405 N. Oak Trafficway, KC, MO, 64155. 816-412-2900, *7, *3.

St. Luke's North – Wednesdays, 11am-12:30pm, Barry Medical Park (next to hospital), 5800 NW Barry Rd, Entrance #3, Classroom #B, Kansas City, MO, 64154. 816-880-2746.

Leavenworth County

St. Luke's Cushing Hospital – 4th Tuesday from 7-8:30pm, 711 Marshall St. 2nd floor conference room, Leavenworth, KS, 66048. Outpatient appointments available, 913-684-1136.

Wyandotte County

Children's Mercy West – 1st and 3rd Thursdays, 11am–noon. 4313 State Ave, Kansas City, KS 66102. 913-233-4400, ext 2.

University of Kansas Medical Center – offers outpatient services, no support group at this time. 3901 Rainbow Boulevard, Kansas City, KS, 66103. 913-588-5640.

Wyandotte County – 2nd Wednesday, 11am-noon in Spanish and noon-1pm in English. 619 Ann Ave., Kansas City, KS 66101. 913-573-6720.